



COMMUNITY

R E S O U R C E S

June 2025

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ON CAMPUS RESOURCES

Cardinal Resource HQ

Food pantry, clothes closet, emergency assistance, social resource guidance

Karen Bertoni - 903-675-6399 - karen.bertoni@tvcc.edu

Brenda Ruvalcaba - 903-675-6288 - brenda.ruvalcaba@tvcc.edu
resourcehq@tvcc.edu

Student Access & Counseling (ALL CAMPUSES)

Free Mental Health Counseling, ADA services and Medical referrals

3rd floor of the Baugh Technology Building, Office 323 & Telehealth available

903-675-6255 (ADA Services) 903-675-6255 (Counseling)

Academic Coaching (All campuses)

Athens Campus-2nd floor of the Learning Resource Center-903-670-2616

Palestine campus-Anderson building - 903-723-7045

Terrell Campus - L Building - 972-563-4924

Financial Aid

Athens campus: Administration Building-903-675-6233

Palestine campus: Administration building-903-723-7028

Terrell campus: Administration building, 106-972-563-4940

THSC - Front office - 903-675-6233

Enrollment Services

Athens campus: Administration Building-903-675-6350

Palestine campus: Administration building-903-723-7033

Terrell campus: Administration building-972-563-4904

THSC-Front office - 469-614-3804

Faculty Cardinal Mentor Program

Erica Richardson, AVP of Academics

erichardson@tvcc.edu

Book an Advising appointment through Waitwhile:

<https://waitwhile.com/accounts/trinityvalleyco>

Housing/Dining (Athens only)

Location: Administration Building - (903) 675-6256

Jeanne Watson emergency scholarship fund

TVCC Foundation: (903) 677-2620

Faculty Association emergency assistance - Walmart Giftcards

Tom Sheram:

tsheram@tvcc.edu

(903) 675-6374

Carl Perkins Grant:

workforceed@tvcc.edu

General Resources

Find Help

- Find free or reduced-cost resources like food, housing, financial assistance, health care and more.
findhelp.org

Pregnant & Parenting Community Resources

Medicaid/SNAP/TANF: www.yourtexasbenefits.com

- Medicaid: Covers doctors visits, hospital visits, dental care, and prescriptions
- SNAP: Food benefits
- TANF Cash Help: Helps families with children under 18 pay for basic needs

WIC: www.texaswic.org

- Helps pregnant, breastfeeding women and families with children younger than buy healthy foods and formula

Childcare: www.Texaschildcaresolutions.org

- Provides parents and childcare programs with access to resources and information, assisting in making informed choices to meet their childcare needs

Thriving Texas Families: www.hhs.texas.gov

- Provides a variety of resources for Texas families

Texas Health and Human Services: childcare.hhs.texas.gov/public/childcaresearch

- Child Care Search

Maternal and Childcare Health: www.dshs.texas.gov/maternal-child-health

- Provides Support for Texas families as their children grow (children between the ages of 1-12)
- Healthy Texas Women: www.healthytexaswomen.org
- Dedicated to offering women's health and family planning services at no cost to eligible women in Texas, including seeking to achieve, postpone, or prevent pregnancy

Family Resources: www.familyresources.texas.gov

- Provides: pregnancy & postpartum support and resources, physical and mental health care assistance, family, parenting, and caregiver resources, information about Texas State agencies, and financial & nutritional assistance

Nurse-Family Partnership: Call (903) 258-7508 or Email nursefamily.partnership@uthct.edu

- Free for women who are pregnant with their first baby, 28 week or less, and meets income requirements. When you enroll you will be connected to a registered nurse who will provide the support, advice and information you need to have a healthy pregnancy, a healthy baby and be a great mom. Available for residents in Henderson, Smith and Cherokee counties.

Domestic Violence Against Women: www.womenshealth.gov

- Education on signs and types of abuse
- Sexual assault and rape on college campuses resources
- Leaving an abusive relationship
- Relationship safety planning

Lactation Hotline: 855-550-6667

- Lactation consultants are available 24/7 at no cost to assist with breastfeeding questions and concerns.
- This hotline is available to anyone in Texas.

Safe Rider Program (Car seat distribution) 1-800-252-8255 saferiders@dshs.texas.gov

- The Safe Riders Program provides car seats to low-income families after completing a one-hour class. The program also offers safety presentations and trainings, and car seat inspections and checkups.

Texas Child Care Connection childcare.twc.texas.gov/find/welcome

Child Care Services (CCS) Assistance

- Must work minimum of 25 hours, must attend school, income guidelines apply, must have social security number and birth certificate for self and children, and if renting, must provide a lease agreement. Login or create an account.

Natalie Palacios - Pregnant & Parenting Liaison

(903) 675-6310 - parenting@tvcc.edu

Mandi Munden - Student Access Coordinator

(903) 675-6255 - studentaccess@tvcc.edu

Lactation Rooms

Athens - Baugh Tech Building 126

HSC - 450D in student lounge area

Terrell - Building A

Palestine - Library/Success Center

SERVICE AREA RESOURCES

HENDERSON COUNTY

ATHENS

Workforce Solutions-Vocational Rehabilitation Services

If you have a mental or physical impairment that has impacted your ability to find or keep a job, Texas Workforce Solutions-Vocational Rehabilitation Services (TWS-VRS) may be able to assist you.

205 N Murchison St, Athens, TX (903) 935-7814

easttexasworkforce.org/vocational-rehabilitation-services

ETCADA Substance Abuse Recovery

Substance Abuse Screening and Referral Services (OSAR):

After-Hours Crisis Availability: Free confidential assistance available 24-hours/7 days per week.

Crisis Hotline: 1-800-832-1009

Abundant Life Pregnancy Resource Center

610 Maryland Drive, Suite A, Athens, Texas 75751 (903) 904-4387

abundantlifeprc.com

Athens WIC Office

1212 S Palestine St., Athens, TX – 75751 (903) 677-2401

wicprograms.org/ci/tx-athens

Family Peace Project

The Family Peace Project, Inc., is a 501(c)3 non-profit faith-based organization that works to protect, educate, assist, care and empower victims of Domestic Violence and Sexual Assault in Henderson & Kaufman Counties in Texas.

720 E. Corsicana, Athens (903) 677-9177

familypeaceproject.com

Trinity Valley Hope Group

Services include Find local meeting information, access free help and resources, and get 24-hour guidance and information for substance abuse.

607 N. Prairieville, Athens, TX 75751 (800) 407-7195

narcotics.com/na-meeting/trinity-valley-hope-group

Alcoholics Anonymous

408 W Tyler St, Athens, TX 75751 (903) 597-1796

tyler-aa.org/locations/408-w-tyler-st-athens-tx-75751-usa

Lila Lane Outreach

Lila Lane Outreach is a men's life recovery center, providing hope for the hopeless by serving men who have been unsuccessful in life, whether through their own actions or the actions of others.

101 Lila Lane, Athens (903) 677-9177

Love in Action

Love in Action is a homeless day center that focuses on 4 basic services offering showers, laundry, lunch, and food, and toiletry bags to-go.

501 Maple Street, Athens (903) 904-5131

loveinactionhc.com

GO Bus

GoBus is a rural, demand response public transit system in East Texas.

Fares are just \$2 per trip, and \$1 for each additional stop.

Call (800) 590-3371 to book your trip or Request a Trip Online

gobustransit.com

Henderson County Food Pantry

715 East Corsicana Street, Athens, TX 75751 903-675-1600

Open Tuesday, Wednesday, and Thursday from 9:00 a.m. to 12:00 p.m.

hcfoodpantry.org

Eastern Hills Church of Christ

Food pantry is located behind Eastern Hills at 1517 E. College St., Athens, TX 75751

Serves Henderson County residents. Pantry guests are eligible to receive groceries twice per calendar month.

Hours of operation: EVERY OTHER TUESDAY 8:00-11:45

easternhillsathens.com

Athens Thrift Store Inc

1419 E Tyler St, Athens, TX

(903) 675-3160

visitathenstexas.com/shop/athens-thrift-shop

Goodwill Stores

705 N Palestine St, Athens, TX

(903) 675-7288

goodwilleasttexas.com

Pines Thrift Store

1395 E Tyler St Ste 109, Athens, TX 75751

(903) 670-3376

The Mobile Pantry Program

The Mobile Pantry is located at the Athens Soup Kitchen and serves 1st & 3rd Saturday of every month from 10:00am - 11:30am.

421 N Prairieville St., Athens, TX 75751

easttexasfoodbank.org/programs/mobile-pantry

Henderson County Help Center

The Help Centers goal is to provide countywide support services which will reduce duplication of services, assess social service needs and resources, and enhance communication between those in need and the available resources.

807 N. Palestine, Athens (903) 675-4357

thehelpcenter.org

East Texas Community Clinic

East Texas Community Clinic provides comprehensive primary care and preventive care, including health, oral, mental health and substance abuse services to persons of all ages, regardless of their ability to pay or health insurance status. Medical care for TVCC students.

Athens location 115 Medical Circle, Athens (903) 603-7067

Gun Barrel City location 2415 W. Main St., GBC (903) 887-1011

Canton location 400 East State Hwy 243, Suite 18, Canton (903) 287-5011

easttexascc.org

HappiHealth Family Care (Located in Van Zandt county)

HappiHealth Family Care offers TVCC students discounted telehealth and in-person services, with evening and weekend hours. Services include primary care, sick visits, diagnostic testing for illness, bloodwork, and physicals.

1023 S. Trades Day Blvd., Suite 110

Canton, TX 75103

Call/Text 903-288-7908

www.happihealthfamilycare.com

support@happihealthfamilycare.com

Disciples Clinic

A faith-based community health clinic located at 604 York Street, Athens, Texas. The clinic offers basic medical and dental services for residents of Henderson County, Texas, who have no medical insurance, and who meet income and age requirements established by the Board of Directors. Applicants must work at least 20 hours per week.

604 York St, Athens (903) 677-3604

disciplesclinic.org

Family Circle of Care

Services offered include birth control, STD testing, treatment & vaccines, women's / men's health, pregnancy services, cancer screenings and prevention, and HIV testing & screening.

1001 N. Palestine, Athens (903) 595-9041

tylercircleofcare.org

UT Health

The future of East Texas depends on Athens' health and wellness, and so we are committed to delivering superior, compassionate service. Every single day.

2000 S. Palestine St., Athens (903) 676-1000

uthealthathens.com

Adverse Winds (AW)

Created to address the needs of individuals aged 14 and above with personal, social, emotional, physical, and situational disabling conditions.

Programs: Illness Management and Recovery, Residential Services, and Employment Services.

401 South Palestine St. #167, Athens, TX, 75751 Office: (903) 617-5062 Direct: (903) 385-3276

adversewinds.org

Indigent Health Care

The County Indigent Health Care Program helps low-income Texas residents who do not qualify for other state or federal health care programs have access to health care services.

125 N Prairieville St #104, Athens (903) 677-6372

henderson-county.com/departments/indigent-health

Texas Public Health Region 4/5 North Clinic

101 W Baker St., Athens, TX 75751 (903) 675-7742

dshs.texas.gov/regional-local-health-operations/texas-public-health-region-4-5-north

Child Care Services (CCS) Assistance

Early learning education is essential to the development of children and preparing them for school. We understand that quality childcare is expensive.

4100 Troup Hwy Suite 200, Tyler, TX 75703 (903) 561-8131 or (800) 676-8283

easttexasworkforce.org/child-care

Veterans of Foreign Wars

Whether that means providing free, professional help filing or appealing a VA claim, offering scholarships for post-secondary education or providing emergency financial relief when times get tough, the VFW is there for America's veterans.

3091 CR 4807, Athens (903) 675-2420

countyoffice.org/veterans-of-foreign-wars-athens-tx-8a9

The East Texas Crisis Center

310 S Carroll St, Athens, TX 75751

(903) 595-5591

MALAKOFF

Faith in Action Outreach

309 W. Mitcham St., Malakoff, TX 75148

Food Pantry Hours: Thursday 9am - 11am and 4:30pm - 6pm

Location: FBC Malakoff Children's Building

220 W. Mitchum, Malakoff TX 75148

fiaoutreach.org

TOOL

Community Food Pantry

Food pantry for residents of the city of Tool.

100 S. Old Indian Trail, Tool, TX 903-432-3003

foodpantryintool.org

GUN BARREL CITY/KEMP

Nadia's Closet

368 S Gun Barrel Ln, Gun Barrel City, TX

(903) 887-0804

Second Chance Resale

839 W Main St, Gun Barrel City, TX 75156

Faith at Works Ministries

Faith at Work Ministries is a Christ centered, faith-based organization purposed to eliminate hunger within our communities by providing solutions to food for insecure families.

Food Pantry

Open Fri-Sat 8:00 a.m.- 3:30 p.m.

7000 Austin Lane, Kemp, TX 75143

(214) 403-0883

faithatworkministries.org

Blessed Mother Teresa Ministry of St. Jude Catholic Church

172 Luther Lane, Gun Barrel City, (903) 887-0031

The Blessed Mother Teresa Ministry is a ministry of St. Jude Church that provides financial help to needy families in the parish and local area.

gunbarrelcityknights.wixsite.com/koc8806/ministries

Cedar Creek Wellness Group

Offers comprehensive mental health support through counseling, life coaching, dietary services and psychiatric medication management.

1837 West Main St., GBC (903) 910-2294

cedarcreekwellnessgroup.com

BROWNSBORO/CHANDLER

God's Open Hands

Provides food needs of individuals in Chandler/Brownsboro, Texas.

FOOD PANTRY

510 N. Third Street, Chandler, Texas 75758

Open every 1st & 2nd Tuesday of the month from 9:00 a.m. to 11 a.m. (Must arrive 15 min before closing to receive food)

THRIFT STORE

501 N. Second Street, Chandler, Texas 75758

Open every Tuesday & Thursday from 10:00 a.m. to 12:00 p.m.

(903) 849-4557

chandler.tx.com/623/Gods-Open-Hands

Salvation Army

Emergency shelter for those experiencing homelessness. Please call for additional information.

M-F 8:30 am to 4:30 pm

633 N. Broadway, Tyler, TX 75702 (903) 592-4361

salvationarmyusa.org/usn/cure-hunger

MABANK

First United Methodist Church

Emergency food boxes that last for three days to anyone in the community. Open Tuesday & Thursday from 9:00 a.m. to 2:00 p.m.

501 S. Third St., Mabank, TX 75751 (903) 887-3691

fmc-mabank.com/serve/serve-the-community

Mabank Area Good Samaritans

Food pantry open Mon. - Fri. 9AM to 10:30 AM

405 W. Walnut, Mabank TX 75147 (903) 887-0547

ANDERSON COUNTY

PALESTINE

The **Mobile Pantry Program** serves Palestine on the **4th Wednesday of the month 10:00am - 11:30am at First Baptist Church Palestine**

5700 TX 256 Loop, Palestine, TX 75801 (903) 729-0204

easttexasfoodbank.org/programs/mobile-pantry

Alcoholics Anonymous

1000 E Palestine Ave, Palestine, TX 75801 (903) 597-1796

tyler-aa.org/locations/1000-e-palestine-ave-palestine-tx-75801-usa

Grace Bible Church

Faith-based initiative offers free food to anyone in need of help.

1390 Gardner Dr., Palestine, TX 75801 (903) 876-4048

gbc-palestine.org

Workforce Solutions-Vocational Rehabilitation Services

If you have a mental or physical impairment that has impacted your ability to find or keep a job, Texas Workforce Solutions-Vocational Rehabilitation Services (TWS-VRS) may be able to assist you.

500 E Murchison St., Palestine, TX (903) 212-9982

easttexasworkforce.org/vocational-rehabilitation-services

Hope Station Hope Station's Voucher Program

Assists individuals of Anderson County who are homeless or at risk of being homeless to become self-sufficient by providing vouchers for **temporary housing, food, and clothing.**

919 Magnolia Street, Palestine, TX 75801 (903) 723-2930

hopestationptx.org

YMCA

550 N. Loop 256, Palestine, TX 75801 (903) 729-3139

palestineymca.org

The Stockpot of Palestine

Supplying money, goods or services to the poor.

401 Ave A, Palestine, TX 75801 (903) 723-2891

nonprofitfacts.com/TX/The-Stockpot-Of-Palestine-Inc.html#ixzz85Cwt3u00

Palestine Community Food Bank

The Palestine Community Food Pantry provides quality food items to households experiencing food insecurity. Email at office@courtdrivechurch.org, or you may visit us in person at 1434 Court Dr in Palestine, Tx between 9 am and 4 pm.

1434 Ave A, Palestine, TX 75801 (903) 723-5406

palestinecommunityfoodpantry.org

Sacred Heart Catholic Church

The St. Vincent De Paul Food Pantry provides food to meet basic nutritional needs for individuals and families in need.

Wednesday: 9:00 AM - 12:00 PM

Thursday: 9:00 AM - 12:00 PM

503 N. Queen St., Palestine, TX 75801 (903) 729-5093

shpalestine.org/st-vincent-de-paul-food-pantry-thrift-store

Court Drive Church of Christ

Our food pantry serves everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else in need of our assistance.

1434 Court Drive, Palestine, TX 75803 (903) 729-0196

courtdrivechurch.org

Multi-cultural Education Center

Emergency Food Services program meets the nutritional needs of individuals and families in our city that are unable to provide adequate food for their households.

1402 W Oak St, Palestine, TX 75801 (903) 729-3488

facebook.com/pages/category/non-profit/Multi-Cultural-Educational-Center-609488225794784

Cornerstone Worship Center

The food pantry at Cornerstone Baptist Church is open one day a month - the 4th Tuesday of each month.

1100 Salt Works Rd, Palestine, TX 75803 (903) 729-6896

cwcpalestine.com

Access

Anderson County Mental Health Care Services. At ACCESS, we provide services to children and adults living with mental illness.

3320 TX-256 Loop, Palestine, TX 75801 (903) 723-6136 The toll-free 24-hour Crisis phone is (800) 621-1693

access-center.org

First Resource Center

The First Resource Center food pantry provides quality food items to households experiencing food insecurity. Notes: The Food Pantry is open from 1:00 p.m. to 3:00 p.m. on Tuesdays and Fridays. The pantry is open every other Thursday from 9:00 a.m. to 11:00 a.m.

801 Sycamore, Palestine, TX 75801 (903)-731-9270

palestineresourcecenter.org

Rock Bottom Ranch

Faith-based Transitional Recovery Home for Women

3099 US HWY 287 Palestine TX 75803 · 903-727-2550

rockbottomranch.org

Crisis Center of Anderson and Cherokee Counties

Provides the resources, tools, and advocacy for victims of family & sexual violence.

313 W Debard, St, Palestine, TX 75801 (903) 723-5858 24-hour hotline (800) 232-8519

mycrisiscenter.com

Anderson County Veterans' Service Office

The Anderson County Veterans' Service Office (ACVSO) is a function of Anderson County and is paid for by our taxes. It is a go-to source for all Veterans and their families. The office can also assist the veteran by pointing out local resources that can help solve the veteran's problem. Veterans Crisis Hotline 1-800-273-8255 Press 1
2000 South Loop 256 Suite 36, Palestine

andersoncountymocrats.org/VeteransResources

Sanctuary House

- 1) a shelter where any homeless person or family willing to participate in the shelter programs, may stay up to 90 days;
- 2) three nourishing meals a day, plus clothing;
- 3) mandatory work program for all adults who are able to work;
- 4) transportation to and from the work place, to school and given supplies to complete their studies;
- 5) all school age children will be enrolled in public school and given supplies to complete their studies;
- 6) working parents of younger children will be given assistance with childcare through local, licensed agencies;
- 7) mandatory adult education classes, job skills training and financial counseling;
- 8) additional voluntary counseling services will be made available, such as: mental, spiritual, legal and financial counseling.

919 Magnolia Street, Palestine, TX 75801 (903) 723-2930

hopestationptx.org

Community Services, Inc.

Provides assistance to low-income individuals and families that allow the development and growth of clients through education, utility support, home energy efficiency and transportation.

2065 S Loop 256, Palestine, TX 75801 (800) 431-9929

tacaatx.org

Child Care Services (CCS) Assistance

Early learning education is essential to the development of children and preparing them for school. We understand that quality childcare is expensive.

2000 Texas 256 Loop Suite 18 Palestine, TX 75801 (903) 212-9982 or (800) 676-8283

easttexasworkforce.org/child-care

Palestine Regional M.C. Psych Services

A full range of comprehensive care is offered including the latest in diagnostic, therapeutic and rehabilitative services, both on an inpatient and outpatient basis.

4000 TX-256 Loop, Palestine, TX 75801 (903) 731-1000

palestineregional.com/psychiatric-care

ACCESS - Palestine, TX Detox & Drug Rehab Center

ACCESS is a leading detox and inpatient drug and alcohol rehab center in Palestine, TX.

2320 South Loop 256 Palestine TX, 75801

(903) 723-6136 The toll-free 24-hour Crisis phone is (866) 535-8856

accessmhm.org

Crossroads Family Care

Accepting Medicare, Medicaid, and Most Insurance.

4002 S. TX-256, Palestine, TX 75801 (903) 729-3015

crossroadsfamilycare.com

Anderson County Indigent Health Care

703 N Mallard St # 108, Palestine, TX 75801 (903) 723-7820

hhs.texas.gov/services/health/county-indigent-health-care-program

Texas Public Health Region 4/5 North Clinic

550 Willow Creek Parkway, Palestine TX 75801 (903) 729-1116

dshs.texas.gov/regional-local-health-operations/texas-public-health-region-4-5-north

GO Bus

GoBus is a rural, demand response public transit system in East Texas.

The district includes 10,000 square miles across Anderson, Camp, Cherokee, Harrison, Henderson, Marion, Panola, Rains, Rusk, Upshur, Van Zandt, Wood and the non-urbanized areas of Gregg and Smith Counties.

Fares are just \$2 per trip, and \$1 for each additional stop.

Call (800) 590-3371 to book your trip or Request a Trip Online

gobustransit.com

Crisis Center of Anderson and Cherokee Counties

Provides the resources, tools, and advocacy for victims of family & sexual violence.

313 W Debard, St, Palestine, TX 75801 (903) 723-5858 24-hour hotline (800) 232-8519

mycrisiscenter.com

KAUFMAN COUNTY

KAUFMAN

Burning Tree Ranch

Addiction treatment center

Kaufman, TX (877) 389-0500

burningtreeranch.com/?utm_campaign=gmb

Alcoholics Anonymous

107 E. Elm, Kaufman 75142 (972) 932-3761

alcoholicsanonymous.com/aa-meeting/kaufman-group

Kaufman Christian Help Center, Inc.

209 West Mulberry, Kaufman, TX 75142 (972) 932-8866

The church offers numerous social services. When there is funding, some funds may be used to help with rent or deposits (security or utility).

kaufmanhelp.org

Helping Angels of Kaufman

Helping Angels Fund to provides basic needs assistance to individuals and families in need in Kaufman County.

1306 South Washington Street, Kaufman, TX 75142 972) 962-2670

helping-angels.org/what-we-do

Kaufman County Indigent Healthcare

100 North Washington Street, Kaufman (469) 376-4141

Physician services, annual physical examinations, immunizations, medical screenings

Inpatient and outpatient hospital services, rural health clinics, laboratory and x-ray, and prescriptions.

kaufmancounty.net/276/Indigent-Health-Care-Program

Carevide Family Medicine & Pediatrics

2600 Commerce Way, Kaufman (972) 750-3177

carevide.org

Texas Department of Health & Human Services

2525 E. Hwy 175 Ste. B, Kaufman (972) 932-9191

dshs.texas.gov

Texas Health Kaufman

850 Ed Hall Drive, Kaufman, TX 75142 (972) 932-7200

texashealth.org/Locations/texas-health-kaufman

The Children’s Advocacy Center for Kaufman County

The Children’s Advocacy Center for Kaufman County was established to coordinate the investigation, prosecution, and treatment of child abuse cases across Kaufman County.

kaufmanccac.org

Genesis Center for Women North Texas

Providing safety, shelter, and hope to women and children in crisis.

2675 TX-34, Kaufman, TX 75142 (972) 932-4351

genesiscenter.org

Veterans of Foreign Wars

1663 U.S. 175, Kaufman, Texas, 75142 (972) 932-9223

countyoffice.org/veterans-of-foreign-wars-kaufman-tx-746

Kaufman Community Health Center - CHSA of Kaufman, Texas

101 N Houston St, Kaufman, TX 75142.972-932-7001

Services provided include women’s Health, social services, pharmacy, pediatric, medical health education, nutrition, family planning, and diabetes - prevention/testing

lowincomeclinics.us/details/kaufman-community-health-center

Kaufman Area Rural Transit

200 S. Virginia, Terrell 75160 (972) 563-5875 for reservations

STAR Transit is a public bus transportation service, offering bus transportation in Kaufman County, Rockwall County, Mesquite, Balch Springs, Seagoville, Hutchins and DeSoto.

startransit.org

TERRELL

Access 2 Recovery

Access 2 Recovery provides chemical dependency outpatient treatment and education for adult probationers or adults involved with Child Protective Services as well as adults seeking treatment and education to stop the cycle of substance abuse in their lives.

804 E. Moore Ave., Suite A, Terrell, Texas 75160 (972) 210-7504

access2recovery.com

Lakes Regional MH/MR Center

Provides mental health services, including psychiatric counseling and medication, crisis psychiatric and medication services, resolution and crisis hotline, individual and group psychotherapy, rehabilitation services, case management, service coordination, and supported housing and employment skills training.

400 Airport Road, Terrell (972) 524-4159

lakesregional.org

Terrell Behavioral Health Services

1200 East Brin St., Terrell (972) 551-8248

hhs.texas.gov/services/mental-health-substance-use/state-hospitals/terrell-state-hospital

The Share Center

103 Jones, Terrell, TX 75160 (972) 551-1729

terrellsharecenter.org

YMCA

105 N Rockwall St., Terrell, TX 75160 (972) 524-9622

ymcadallas.org/YMCA_Community_Health

Emergency Aid- Terrell

200 South Virginia, Terrell (972) 563-1421

Community Services Inc

101 Sage St, Terrell (469) 474-5625

csicorsicana.org/contact

St. Luke's Medical Clinic

Free medical clinic, 1st Friday of each month at St. Ann's Catholic Church

700 N. Washington, Terrell (972) 932-4649

bcm.edu/about-us/affiliates/baylor-st-lukes-medical-center

FORNEY

Water of Life Lutheran Church

12340 FM 1641, Forney (214) 206-7029

wateroflifelc.org

FEDERAL AND STATE RESOURCES

Family Violence Legal Line (Texas Advocacy Project)

Texas Advocacy Project's mission is to end dating and domestic violence, sexual assault, and stalking in Texas.

800-374-HOPE

texasadvocacyproject.org

Child and Adult Care Food Program

Texas Department of Agriculture

Provides reimbursable meals and snacks to children, seniors and disabled adults.

<https://squaremeals.org/Programs/Child-and-Adult-Care-Food-Program>

211 Texas: Connecting People and Services

Find resources for food, health, housing and more.

Call: 211

<https://www.211texas.org/>

MoneyGeek

Published a guide to help youth aging out of foster care with finances and empower them with information to support successful transition into adulthood.

moneygeek.com/financial-planning/resources-for-foster-youth-aging-out

The Texas Foster Youth Justice Project

Free legal help for current & former foster youth.

(877) 313-3688

texasfosteryouth.org

Here is also a brochure of useful information for those aging out of foster care in Texas.

texasfosteryouth.org/download/29002/?tmstv=1687978563

The Texas Foster Youth Health Initiative

The Texas Foster Youth Health Initiative (TFYHI) builds relationships across child welfare and adolescent health systems to promote optimal health for child welfare-involved youth

txicfw.socialwork.utexas.edu/research/project/texas-foster-youth-health-initiative

Veterans Crisis Line

The Military Crisis Line is a free, confidential resource for all service members

Dial 988 then press 1 or Text 838255 or chat online with the link below.

<https://www.veteranscrisisline.net/get-help-now/military-crisis-line/>

North Central Texas Aging and Disability Resource Center

4309 Old Jacksboro Hwy, Suite 200, Wichita Falls, TX 76302 (855) 937-2372

northtexasadrc.org

VA Regional Office Disabled American Veterans

Your local DAV National Service Officer (NSO) can help with: Assisting veterans in filing claims with the Department of Veterans Affairs for compensation, pension, healthcare, and other benefits.

One Veterans Plaza

Waco, TX 76799 (254) 299-9932

dav.org/find-your-local-office

Navigate Life Texas

A resource for children with disabilities and special health care needs, created on behalf of the Texas Health and Human Services Commission.

navigatelifetexas.org/en

Advocacy Inc.

A nonprofit corporation funded by the U.S. Congress to advocate for the legal rights of persons with disabilities in Texas.

1420 Mockingbird Ln., Suite 450, Dallas, TX (800) 880-2284

tcdd.texas.gov/grants/grants-completed-projects/advocacy-inc-texas-disability-policy-consortium

Family Law Hotline (legal advice and counseling)

205 West 14th Street, Austin, Texas 78701-1614 (800) 777-3247
guides.sll.texas.gov/legal-hotlines/family-law

Lone Star Legal Aid

Lone Star Legal Aid (LSLA) is the third most significant service provider of free legal aid in the United States. LSLA serve 72 counties in Texas through 14 offices.

110 North College, Suite 302, Tyler, TX 75702 (903) 595-4781
texaslawhelp.org/directory/lone-star-legal-aid-tyler-office

Knights of Columbus

800 E Tyler Street, Athens (903) 675-2509
stedwardsparish.org/knights-of-columbus

Lions Club

201 W. Corsicana St Ste 2., Athens (903) 288-6933
directory.lionsclubs.org

Salvation Army

Emergency shelter for those experiencing homelessness. Single men, women and families are welcomed. Unaccompanied youth must be 18 years of age. State Picture ID is required. M-F 8:30 am to 4:30 pm
633 N. Broadway, Tyler, TX 75702 (903) 592-4361
salvationarmyusa.org/usn/cure-hunger

Greater East Texas Community Action Program

Greater East Texas Community Action Program (GETCAP) is a private non-profit corporation established in 1965 to offer a variety of programs and services to assist low-income individuals and families. The counties include Nacogdoches, Angelina, Polk, Houston, San Jacinto, Trinity, Walker, Rusk, Cherokee, Smith, Wood, Gregg, Hardin, Liberty, Galveston, Jefferson, Orange, Chambers, Tyler, Newton, Jasper, San Augustine, Sabine, Shelby, Panola, Harrison, Anderson, Henderson, Kaufman, Van Zandt and Upshur.
(903) 904-5096 or (800) 621-5746
get-cap.org

Masonic Children & Family Services of Texas

Masonic Children & Family Services of Texas partners with charitable organizations, medical professionals and educational facilities to provide safety, comfort, food, shelter, healthcare and educational services—basic needs every child and family deserves.
masonichometx.org

Texas Utility Help

(855) 566-2057

texasutilityhelp.com

American Red Cross

DFW Metro East Chapter (Regional Headquarters)

2055 Kendall Drive, Dallas, TX 75235 (214) 678-4800

redcross.org/local/texas/north-texas/about-us/locations/dallas-fort-worth-metro-east.html

TANF

hhs.texas.gov/services/financial/cash/tanf-cash-help

WIC

fns.usda.gov/wic

SNAP

fns.usda.gov/snap/supplemental-nutrition-assistance-program

Medicaid/Social Security

medicaid.gov

MENTAL HEALTH AND CRISIS SUPPORT

Crisis Text Line

The Crisis Text Line serves people across the United States experiencing any type of crisis and provides free, 24/7 emotional support and information through texting with a live, trained specialist. Text HOME to 741 741.

crisistextline.org

SAMHSA's National Helpline

SAMHSA's National Helpline is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders.

Text 435748 or call (800) 662-4357 (800) 487-4889

samhsa.gov/find-help/national-helpline

National Alliance on Mental Illness (NAMI) Helpline

The NAMI Helpline is here for you. Helpline volunteers are working to answer questions, offer support and provide practical next steps. Text 62640 or call (800) 950-6264

<https://www.nami.org/help>

Steve Crisis Text Line

Are you a young person of color? Feeling down, stressed or overwhelmed? Text STEVE to 741741 and a live, trained crisis counselor will respond.

stevefund.org/crisistextline

Trevor Project

TrevorLifeline offers 24/7, free and confidential support by phone, text message (SMS) and online chat. We support youth, the LGBTQ+ community in United States who may be experiencing emotional distress related to gender & sexual identity, loneliness, relationships, suicide, supporting a friend or family member.

Text 678678 or (866) 488-7386

thetrevorproject.org

LGBTQ Crisis Hotline

LGBT National Hotline offers free and confidential support by phone and online chat.

If you are contemplating suicide or wanting to kill yourself, they will listen without judgment and support you.

(888) 843-4564

afsp.org/lgbtq-crisis-and-support-resources

Love is Respect

Love is Respect offers 24/7, free and confidential support by phone, text message (SMS) and online chat.

We are here for everyone (including the LGBTQ+ community) who may be looking for support with abuse & domestic violence and relationships.

Text 22522 or call (866) 331-9474 or (866) 331-8453

loveisrespect.org

National Domestic Violence Hotline

National Domestic Violence Hotline offers 24/7, free and confidential support over phone and text message (SMS). **Text 22522 (800) 799-7233 (800) 787-3224**

thehotline.org

National Sexual Assault Hotline

National Sexual Assault Hotline is dedicated to providing 24/7, free, compassionate and confidential support by phone and online chat. (800) 656-4673

rainn.org/resources

Alcohol and Drug Abuse National Helpline

The National Drug and Alcohol Treatment Hotline provides information on alcohol and drug abuse, local treatment options, support through hotline counselors about to speak with about alcohol, drug or family problems.

(800) 662-4357

nationaltoolkit.csw.fsu.edu/resource/national-drug-and-alcohol-treatment-hotline-1-800-662-help-4357

National Human Trafficking Hotline

The National Human Trafficking Hotline is a national, toll-free hotline, available to answer calls, texts, and chats from anywhere in the country, 24 hours a day, 7 days a week, every day of the year.

Text 233733 or (888) 373-7888 or dial 711

humantraffickinghotline.org/en

National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Call 988

988lifeline.org

Andrews Center Crisis Hotline:

The Center operates a variety of programs and services for persons with mental illnesses and intellectual disabilities.

6901 State Highway 19 S · Athens, TX

(877) 934-2131

andrewscenter.com/emergency-crisis-services

